

BREAKFAST

RELAX... WE DO GOOD FOOD

SERVED UNTIL
11.30am

Fed &
Watered
-CAFE & BAR-

We always use succulent Irish pork, free range Irish eggs & locally milled oats for your breakfast. Our traditional breads are baked exclusively in Lisburn for F&W. Complete your breakfast with a pot of Punjana tea, established in Belfast since 1896.

THE ULSTER FRY

2 pork sausages, smoked bacon, free range fried egg, black pudding, baked tomato, mushrooms, soda bread & potato bread

£8.50

VEGETARIAN BREAKFAST

Mushrooms, baked beans, soda bread, potato bread, baked tomato & free range fried egg

£7.25

BREAKFAST BAP

Floury bap filled with a pork sausage, smoked bacon & a free range fried egg served with tea or filter coffee £6.95

SCRAMBLED EGG

Free range scrambled eggs on white or brown toast £4.75

Add bacon or sausage £1

Add mushrooms or baked tomato 50p

Add smoked salmon £2.50

PANCAKES

Freshly cooked chunky pancakes

£3.50

Add bacon & maple syrup £2

Add mixed berries £1

Add toasted nuts & honey

£1

FLIPPING GOOD!

PORRIDGE

Whites of Co. Armagh porridge oats £3.50
Add mixed berries or toasted nuts & honey 75p

TOAST BASKET

with butter & jam - a toasted slice of both soda & wheaten bread plus a round of sliced white or brown £3.50

CEREAL WITH MILK

£2.25

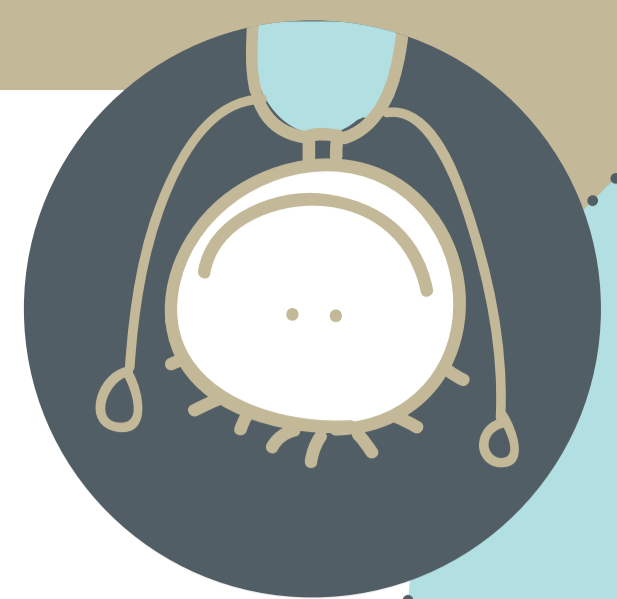
Food Allergies and Intolerances:
Before you order your food and drinks please speak to our staff if you want to know about our ingredients

WAKEY WAKEY!!



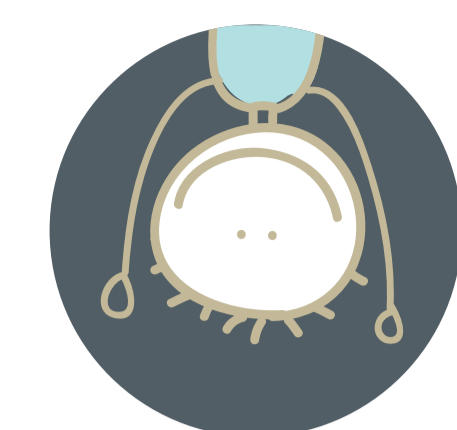
HOT FOOD

RELAX... WE DO GOOD FOOD



KIDS

Smaller versions of these dishes are available to the under 12's



IRISH SODA BREAD PIZZA

Signature large round soda bread with a variety of toppings.

STARTING FROM
£6.95

SERVED FROM
11.30am

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- CAFE & BAR -

THE F&W BEEF BURGER

6oz's of pure Irish beef served in a fresh floured bap with chunky onion ring, tomato, & baby gem, with chunky chips & bright slaw.

£9.50

ADD BACON, CHEDDAR, BLUE CHEESE OR FRIED EGG FOR
£1

BRAISED IRISH BEEF & GUINNESS PIE

Topped off with golden pastry, with creamy champ

£9.45

OPEN STEAK SANDWICH

Sliced steak, caramelised onions & horseradish mayonnaise, with chunky chips

£9.95

ALL DAY BRUNCH

2 Pork Sausages, Bacon, Free Range Fried Egg, Baked Beans, Chunky Chips

£9.95



CO. ANTRIM PORK SAUSAGES

With creamy champ & rich onion gravy

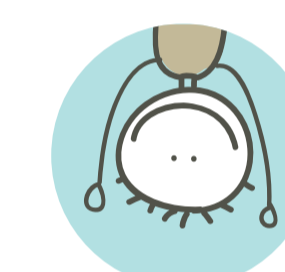
£8.95

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CHICKEN GOUJONS

Crisp coated chicken strips served with rice & sweet chilli jam
(GF alternative available)

£9.25



CRISPY BATTERED HADDOCK

With chunky chips, mushy peas & home-made tartare sauce

£10.50



SALMON NICOISE SALAD

Baby potatoes, spinach, black olives, boiled egg, cherry tomatoes & French beans

£9.25



CAESAR SALAD

Baby gem leaves, soda bread croutons & aged parmesan shavings

£6.75

ADD CHICKEN AND BACON
£2

MAC N CHEESE

With garlic toasted soda bread

£6.95

ADD BACON
£1

FRESHLY BAKED QUICHE

With mixed salad & bright slaw - see the boards for today's quiche

£8.25